Florida Council on Compulsive Gambling (FCCG)

Financial Assistance Tools & Literature/Materials Request Resources

Non-emergency financial resources are designed to help gamblers and loved ones with gambling-related financial difficulties rebuild, renew and restore their finances in a sustainable way. They include debt assistance, credit counseling services and financial education; financial relief support groups; financial transaction self-exclusion programs that can block gambling facility ATM transactions, gambling purchases, access to cash for gambling, and online gambling transactions; and FCCG financial assistance tools and literature, such as the FCCG Financial Debt & Budgeting Toolkit and Book #4 of the FCCG A Chance for Change Recovery Workbooks.

This guide lists programs that can help with: **Financial Assistance Tools & Literature/ Materials Request Resources**.

Looking for more help? FCCG offers free Problem Gambling Resource Packs on other topics. Download them at gamblinghelp.org/problem-gambling-resource-packs

How to use this guide: Statewide programs are listed first. Click any heading in the contents, or any web address, to go straight to it.

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Statewide Programs

Programs available across Florida or nationally, plus programs whose listing does not name a specific county or city.

FCCG A Chance for Change Recovery Workbooks – Book #4 “Managing Your Finances”

Can help with: **Budget Tools & Workbooks**

Get the full details: This resource is included in FCCG’s free Problem Gambling Resource Packs for HelpLine Literature Packets. Download them at gamblinghelp.org/literature.

The FCCG’s **A Chance for Change Recovery Workbook Series** for gamblers, loved ones and older adult gamblers features one book within each of the series **(Workbook #4)** that addresses financial matters. These workbooks may be used under guidance with a treatment professional while attending counseling and self-help supports or independently.

1. **Gambler Series – English**
    1. Hard Copy
    2. Digital PDF
    3. Digital Audio (MP3)
    4. PDF CD’s (Disc)
2. **Gambler Series – Spanish**
    1. Hard Copy
    2. Digital PDF
    3. Digital Audio (MP3)
    4. PDF CD’s (Disc)
3. **Loved Ones Series – English**
    1. Hard Copy
    2. Digital PDF
    3. Digital Audio (MP3)
    4. PDF CD’s (Disc)
4. **Loved Ones Series – Spanish**
    1. Hard Copy
    2. Digital PDF
    3. Digital Audio (MP3)
    4. PDF CD’s (Disc)
5. **Senior Series – English**
    1. Hard Copy
    2. Digital PDF
    3. Digital Audio (MP3)
    4. PDF CD’s (Disc)
6. **Senior Series – Spanish**
    1. Hard Copy

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2. Digital PDF
3. Digital Audio (MP3)
4. PDF CD’s (Disc)

FCCG Debt & Budgeting Toolkit

Can help with: **Budget Tools & Workbooks**

> **Get the full details:** This resource is included in FCCG’s free Problem Gambling Resource Packs for HelpLine Literature Packets. Download them at gamblinghelp.org/literature.

A financial budgeting assistance program is available that provides financial guidance for problem gamblers though peer supports. The FCCG’s **Financial Budget Toolkit** provides financial guidance through assistance in the development of a budget and payment plan as well as accountability for problem gamblers though peer supports. The budgeting plan is developed based upon the available income (or amount of money coming in), regular bills that need to be paid (i.e. rent/mortgage, utilities, food, etc.), and the amount of gambling related debts that may be owed. Utilization of the Budget Toolkit can help develop goals and measures to sustain a budget and help ensure long-term positive financial sustainability.

1. **Budget Toolkit – English**
    1. Hard Copy
    2. PDF
2. **Budget Toolkit – Spanish**
    1. Hard Copy
    2. PDF

> **Looking for more help?** Download FCCG’s other free Problem Gambling Resource Packs at gamblinghelp.org/problem-gambling-resource-packs

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