

GAMBLING DISORDER SCREENING DAY: A GUIDE FOR SCREENERS

Getting Started

- 1. Familiarize yourself and your staff with the **Gambling Disorder Screening Day Toolkit**.
- How knowledgeable are you and/or your organization about Gambling Disorder? If you need some background information, read <u>What is Gambling Disorder?</u> and <u>Treating Addiction as a Syndrome</u>. You should also watch How Gambling Becomes an Addiction.
- 3. Familiarize yourself and your staff with the Brief Biosocial Gambling Screen (**BBGS**). This is a threequestion screener that you and your staff can use on Screening Day. A "yes" response to any single item indicates potential gambling-related problems and the need for additional evaluation. A "yes" response is **not** a diagnosis for Gambling Disorder. Your organization should develop a plan for how to screen on Screening Day. The BBGS is available in printable and electronic forms to best fit the needs of your staff.
- 4. Promote your event! We offer a <u>Screening Day Promotion Guide</u> that includes outreach ideas and promotional language for the event. Access and download our official <u>promotional graphics and</u> <u>logos</u> for your Screening Day communications. You can also customize the <u>Screening Day flyer</u> with the time and location of your event and display it with your announcements to let everyone know that you are hosting a Screening Day event.
- 5. Individuals who screen positively or want to learn about additional help, resources, and information should be referred to the 24/7, Confidential, and Multlingual 888-ADMIT-IT Problem Gambling HelpLine for Florida! Learn more about the HelpLine.

What to Do the Week Before Screening Day

- Make sure to share information about Gambling Disorder and Screening Day through your channels. Tweet or post about the event (#GamblingScreen #GDSDToolkit, #GDSD), feature it in your newsletter, and talk about it with colleagues. Screening Day is an international grassroots event that uses word of mouth as its primary mode of sharing information and resources. Our <u>Screening Day Promotion</u> <u>Guide</u> includes outreach ideas and promotional language that you can use.
- Communicate with your staff that when an individual screens positive with the BBGS, they should be referred to the <u>24/7, Confidential, and Multlingual 888-ADMIT-IT Problem Gambling HelpLine for</u> <u>Florida</u> for additional help and resources.



What to Do on Screening Day

- 1. It's time to screen. Let clients know today is Screening Day, and explain why you're screening everyone today and request consent to proceed. Next, go through the three questions on the BBGS with them.
 - a. If clients screen negative: let the client know they screened negative. Share the 24/7, Confidential, and Multlingual 888-ADMIT-IT Problem Gambling HelpLine for Florida with them if they express interest or are concerned about their gambling or a loved-one's gambling. Direct them to the <u>FCCG's website at gamblinghelp.org</u>, and conduct the rest of the visit as you normally would.
 - b. If clients screen positive: let the client know they screened positive and need further assessment. Make clear that this is **not** a diagnosis, but is an indication that they would benefit from formal assessment for Gambling Disorder beyond the brief screen. **Individuals who screen positively or want to learn about additional help, resources, and information should be referred to the 24/7, Confidential, and Multlingual 888-ADMIT-IT Problem Gambling HelpLine for Florida.**

What to Do after Screening Day

 Share your Screening Day results (let us know how it went, how many people you screened, and anything else notable) and photos with the FCCG by emailing <u>pgam@gamblinghelp.org</u>. We will share your efforts as part of our PGAM outreach campaign!