



Brief Biosocial Gambling Screen (BBGS)¹ Questionnaire

To screen for potential gambling-related problems, please complete the following questions.

1. During the past 12 months, have you become restless irritable or anxious when trying to stop/cut down on gambling?

- Yes
- No

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?

- Yes
- No

3. During the past 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?

- Yes
- No

An online version of the Brief Biosocial Gambling Screen (BBGS) is available at:

<https://fccg.wufoo.com/forms/brief-biosocial-gambling-screen-bbgs>

¹ Gebauer, L., LaBrie, R. A., Shaffer, H. J. (2010). Optimizing DSM IV classification accuracy: A brief bio-social screen for detecting current gambling disorders among gamblers in the general household population. *Canadian Journal of Psychiatry*, 55(2), 82-90.