

National Recovery Month

FCCG Resources

- www.gamblinghelp.org
- Text to 321-978-0555
- Chat Live at gamblinghelp.org
- 888-ADMIT-IT (236-4848)
- Recovery Path Counseling Program
- Peer Connect Program

FCCG Resources

Professional Counseling	X
12 Step Meeting Referral	X
Peer Connect Program	X
Chance For Change Books	X
Legal Assistance	X
Social Services	X
Much, much more...	X

Call Now and Take the First Step

September is National Recovery Month! Recovery Month is a national observance that educates Americans on the fact that addiction treatment and mental health services can enable those with a gambling, mental and/or substance use disorder to live a healthy and rewarding life.

Over the past 27 years, the Florida Council on Compulsive Gambling (FCCG) has helped thousands of people affected by gambling problems to find their path to recovery. The FCCG also wants everyone to know that they are not alone in their struggles. There are millions of people in the United States that are negatively affected by gambling addiction.

The FCCG raises awareness by educating the public about gambling disorders and provides free prevention materials to anyone that wishes to help spread the word about this



You are one phone call away from your Recovery Path!

addiction. The FCCG also promotes recovery by participating in outreach activities throughout the year across the state.

FREE resources are available to anyone that is impacted by this addiction.

Recipe for Recovery

Ingredients:
Honesty
Openness to suggestions
Willingness to take advantage of resources
Willingness to listen
Determination
Persistence
Humility

Step 1. Admit you have a problem

Step 2. Stir all ingredients together and Call 1-888-ADMIT-IT

Step 3. Attend GA meetings and counseling on a regular basis

Step 4. Be honest about every situation

Step 5. Call your sponsor every day

Step 6. Work on yourself before you start to work on others

Step 7. Bake Recovery Recipe for a lifetime

888-ADMIT-IT