

Problem Gambling News and Events

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Florida Council on Compulsive Gambling-888-ADMIT-IT(236-4848)

Sports Wagering-Not Just a Game

Warning Signs of Problem Gambling

- *Preoccupation with Gambling*
- *Risking Relationships*
- *Gambling to Escape*
- *Relying on Bailouts*
- *Increasing Bets to Sustain Thrill*
- *Concealing Activity*
- *Loss of Control*
- *Chasing Losses*
- *Agitated When Trying to Stop*

Check these out!!!!

www.gamblinghelp.org

<http://gamblinghelp.org/forums/>

Live Chat and Text available:
Mon-Fri 8am-5pm at
www.gamblinghelp.org

Text- 321-978-0555

Please gamble responsibly

If you or someone you know has a gambling problem, call 1-888-ADMIT-IT (1-888-236-4848) for information and resources.

As college football, professional football, and professional basketball are in full swing, the FCCG wants to remind fans that you can enjoy the game without placing a bet on the outcome.

This is the time of the year when weekly office pools are prevalent in the workplace and although illegal, are often looked at as “harmless fun”. While this perception may be the norm, keep in mind that coworkers that are in recovery or are struggling with a gambling addiction could be seriously harmed by this activity.

Enjoying the game without betting on it is especially true for student athletes as NCAA guidelines forbid athletes from gambling on their sport. When a student athlete gambles on their sport, the integrity of the game

could be compromised (i.e. point shaving, giving inside information to outsiders, “playing down”, etc.). Student athletes that engage in sports wagering could jeopardize both their athletic and professional careers.

If you do feel the need to gamble always remember to do so responsibly and make sure you aren't negatively affecting yourself or anyone around you financially, emotionally, or otherwise.

Think twice before placing a bet!

The FCCG is here to help! If you or someone you know has a problem, call the 24-hour, bilingual, confidential 1-888-ADMIT-IT HelpLine for resources and referrals.



FCCG Sports Wagering Statistics- 13/14

- 55% of sports bettors used bookies to gamble on sports
- 91% cited feelings of depression
- 25% stated suicidal ideations
- The average debt was \$88,016 which was substantially higher than the total sample (\$51,460)
- 100% were male
- 58% said they had difficulty at work due to their gambling
- 40% had committed illegal acts to finance their addiction

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