

Problem Gambling News and Events

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Florida Council on Compulsive Gambling-888-ADMIT-IT(236-4848)

Peer Connect

Warning Signs of Problem Gambling

- *Preoccupation with Gambling*
- *Risking Relationships*
- *Gambling to Escape*
- *Relying on Bailouts*
- *Increasing Bets to Sustain Thrill*
- *Concealing Activity*
- *Loss of Control*
- *Chasing Losses*
- *Agitated When Trying to Stop*

Check these out!!!!

www.gamblinghelp.org

Live Chat and Text
available:

Mon-Fri 8am-5pm at
www.gamblinghelp.org

Text- 321-978-0555

Become an FCCG
Member
[http://
www.gamblinghelp.org/
about/membership](http://www.gamblinghelp.org/about/membership)

If you or someone you
know has a gambling
problem, call 1-888-
ADMIT-IT (1-888-236-
4848) for information
and resources.

Peer Connect is a program that anyone can take advantage of when contacting the HelpLine. Is there a specific type of person that may benefit from Peer connect over others? Possibly. Callers who have sought help before and have been to GA or received counseling and just want to get back on track again may not need the Peer Connect program as they have experienced some level of recovery already and realize what they need to do to stop gambling and get better.

Callers who are on the fence about their gambling problem (level of severity), or who are in a dire situation, or loved ones seeking answers on how to support the gambler or protect themselves, are the types of callers who may benefit a great deal. That said, any caller can

take advantage and potentially benefit from this program.

Peer Connect aims to instill motivation and inspiration to the caller. Peers can do this by sharing personal experiences of their journey and offering information that worked given their own path to recovery. Peers are fully aware that what worked for them may not work for every person so the object is to share and help guide the caller to a path that best suits their needs but is an effective form of recovery.

The FCCG is here to help! If you or someone you know has a problem, call the 24-hour, bilingual, confidential 1-888-ADMIT-IT HelpLine for resources and referrals.



Benefits of Peer Interaction

- Sharing of personal experiences makes callers feel they are not alone
- Callers are in a "safe to share" environment
- Peers follow up with callers to ensure steps have been taken
- In depth conversations about specific resources
- Peers help guide callers to the right path that suits their needs
- Peers have a deep feeling of empathy

Florida Council on Compulsive Gambling
121 East 1st Street, Sanford, Florida 32771