

Problem Gambling News and Events

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Florida Council on Compulsive Gambling-888-ADMIT-IT(236-4848)

Gambling on the Horses-Bad Bet?

Warning Signs of Problem Gambling

- *Preoccupation with Gambling*
- *Risking Relationships*
- *Gambling to Escape*
- *Relying on Bailouts*
- *Increasing Bets to Sustain Thrill*
- *Concealing Activity*
- *Loss of Control*
- *Chasing Losses*
- *Illegal Activities*
- *Agitated when Stopping or Cutting Back*

Check these out!!!!

www.gamblinghelp.org

<http://gamblinghelp.org/forums/>

Books:

Personal Foul
Tim Donaghy

Gambling in America
Earl L. Grinols

If you or someone you know has a gambling problem, call 1-888-236-4848 for information and resources.

HELP STARTS HERE

Some people may associate horse race gambling as something that is way past it's prime. The truth is that it is still a major operation with hundreds of millions gambled on races each year here in Florida. Also, it can pose a significant threat to those who develop a gambling problem. For individuals that gamble on horses, May and June are the equivalent of the Super Bowl as the three biggest races of the year, the Kentucky Derby, Preakness and the Belmont Stakes are held. These events are televised around the country and gamblers have been known to stake large amounts of money on them. There are many options for people to gamble on horses in Florida. There is live racing, simulcast racing, intra-track racing and the ability to place bets via the Internet. Gamblers can bet from the comfort of their home

on websites that allow people to wager on races held all over the world at any given time. Also, like other sports, the betting lines and odds are published in newspapers and magazines. People that gamble on horses should be careful to keep it recreational and not let it turn into a problem that could seriously affect them or their loved ones. Moreover, gamblers and loved ones need to know that there is help available should problems arise. The FCCG can supply resources to anyone who contacts the HelpLine. Specialists are standing by 24 hours a day, 7 days a week. If you or someone you know has a problem, call 1-888-ADMIT-IT for referrals, literature and much more.



H/R Statistics From the HelpLine-09/10

- 97% of the horse race gamblers were male
- Locations cited were racetracks, racinos, Jai-Alai, Internet and Home
- Over 50% were 50 years of age or older
- The average debt was over \$32,000
- 84% were feeling depressed
- 42% had committed illegal acts
- 24% were unemployed

Florida Council on Compulsive Gambling
901 Douglas Avenue, Suite 200 Altamonte Springs, Florida 32714